



Janet Townsend RN, CMC

Certified Aging Life Care Manager

Janet has a lifelong passion of care and advocacy for seniors since becoming a nurse in 1982. She began her career with bedside nursing and advanced to become a specialist in cardiology and diabetic teaching. Janet then became a cardiac nurse specialist in cardiopulmonary rehabilitation and coordinated the cardiac education program for 11 years.

In 2003, she became a geriatric care manager and worked for both large and small care management companies in south Florida. Moving to Atlanta in 2007, she continued her work in care management helping her clients and their families coordinate and navigate through the healthcare maze.

Janet utilizes her success and experience in senior care management and she brings valuable knowledge and solutions that greatly improve the health and quality of life of her clients. The common thread throughout Janet's career has been her passion for advocacy and education. Janet became certified and an Advanced Professional member of the National Academy of Certified Care Managers in 2008.

Janet and her husband Brad enjoy camping in their RV, traveling and spending time with their two adult daughters.



Contact Information

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Areas of Expertise

Assessment & Care Planning

Problem Solving

Support and Guidance

Education & Advocacy